

# A Lotta Bad Habits

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**Choregraphie par :** Norman GIFFORD

**Description :** 48 temps, 4 murs, Intermediaire Facile,  
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**Musique :** Bad Habits par Michael Lee Austin



**(Rock back, replace, lock-steps forward, step, hold, lock-step, brush)**

- 1-2 Left rock back; right replace forward
- 3&4 Left step forward; right lock behind; left step forward
- 5-6 Right step forward; hold
- &7-8 Left lock behind; right step forward; left brush

**(Rock-step, chassè turning ¼ left, crossover, reverse turn ½ right, chassè right)**

- 1-2 Left rock forward; right replace back
- 3&4 Turn ¼ left stepping side; right together; left step side [9:00]
- 5-6 Right crossover; left step side in swivel turn ½ right [3:00]
- 7&8 Right step side; left together; right step side

**(Cross-rock, replace, sailor-step, paddle turns RLRL)**

- 1-2 Left cross-rock; right replace
- 3&4 Sailor-step (LRL)
- 5-8 Paddle turn 1/8 left; paddle turn 1/8 left [12:00]

**(Rock forward, replace, sailor step turning ¼ right, sways LRLR)**

- 1-2 Right rock forward; left replace
- 3&4 Sailor-step turning ¼ right (RLR) [3:00]
- 5-8 Sway left; right; left; right {RESTART in 3:00 wall #5, you will be facing 6:00}

**(Pivot turns ½ right, kick-ball-change, kick-ball-change)**

- 1-4 Left step forward; pivot turn ½ right; left step forward; pivot turn ½ right
- 5&6 Left kick-ball-change
- 7&8 Left kick-ball-change

**(Cross, replace, step side, brush, rock forward, replace, long step back, left draw together no weight)**

- 1-4 Left cross-rock; right replace; left step side; right brush forward
- 5-8 Right cross-rock; left replace; right long step back; draw left back {TAG, wall #4}

**BEGIN AGAIN**

**TAG: Done only at the end of wall #4, facing 12:00**

**(Point, hold, ball-change, flick, point, hold, ball-change, flick)**

- 1-2 Left point side; hold
- &3-4 Left together; right point side; right flick up behind
- 5-6 Right point side; hold
- &7-8 Right together; left point side; left flick up behind

**(Back rock-step, kick-ball-change, pivot-turn ¼ right, sway left, sway right)**

- 1-2 Left rock back; right replace
- 3&4 Left kick-ball-change
- 5&6 Left step forward; pivot turn ¼ right [3:00]
- 7-8 Left sway side; right sway side (with attitude)

**BEGIN AGAIN**

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